

Patient Instructions and Restrictions for Carotid Doppler Ultrasound

Please allow 1 hour in your schedule to complete this study.

The carotid arteries are the two main blood vessels that carry blood to the head and brain. A Carotid Doppler exam uses sound waves to produce images of the carotid arteries. During the exam we check for any irregularities in the artery and measure the blood flow velocity in several areas.

1. The test is performed by a technologist and interpreted by a physician.
2. Please do not wear perfume.
3. No special preparations are necessary.
4. You may eat and take your medications prior to the procedure.
5. If you can wear a shirt that buttons up the front you will not need to remove any clothing.
6. You will be lying on your back during the test, we can place pillow under your knees for comfort.
7. A lubricated transducer will be placed on your neck in various positions on the right and left side.

After the physician has interpreted your test the results will be phoned to you **or** your physician will discuss the results at a follow-up appointment. **Please notify North Cascade Cardiology if a cancellation should arise. If you have any questions please call.**

As with all office visit, bring your insurance cards and a list of your medications.