

Patient Instructions and Restrictions For Vascular Imaging Ultrasound Exams

You have been scheduled for a vascular ultrasound exam. The purpose of this exam is to evaluate for the presence of vascular disease. Vascular ultrasound is non-invasive, painless, and poses no known risks to humans.

- _____ 1. **Carotid Duplex Exam & Transcranial Doppler Exam:**
Please allow 1 Hour for the Exam.
Wear a shirt or blouse with a loose fitting or button-up collar.
No special preparation is required.

- _____ 2. **Venous Duplex Exam:**
Please allow 1 hour for the exam.
Wear underwear or loose fitting shorts that allow access to the upper thigh if evaluating the legs.

- _____ 3. **Arterial Duplex Exam:**
Please allow 1-1.5 hours for the exam.
Wear a comfortable loose fitting shirt or blouse. A patient gown will be provided.

- _____ 4. **Abdominal Arterial Duplex Exam: (Renal, Mesenteric, Aorta)**
Please allow 1 hour for the entire exam.
Do not eat 12 hours prior to exam, with a light meal the evening before the exam.
Clear liquids are OK to drink, **no** carbonated beverages.
Take medications as prescribed by you physician.
Refrain from smoking or chewing gum 4 hours prior to exam.

*** Please notify us if you need to cancel or reschedule this exam. As with all medical office visits, please bring your insurance cards. If you have any questions or concerns please call.**